



2017

Annual Report



2017 Annual Report

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Message from the Executive Director

Dear Friends,

For more than 35 years, the Lake Chelan Health and Wellness Foundation (formerly the Lake Chelan Community Hospital Foundation) has been committed to helping make the Lake Chelan Valley area a healthier place to be for everyone by encouraging and managing financial gifts, promoting healthcare services for our hospital, and wellness initiatives for the Valley.



This annual report will share key performance measures, a few key impact features and summarize our accomplishments for 2017. Our generous donors, board and community have made the year a huge success!

The most exciting 2017 healthcare event for our Lake Chelan Valley was the passing of the bond to build a replacement hospital. To all of you who supported this effort, stood on the street corners waving signs, attended community meetings to learn about the details, contributed time, money and effort in so many ways – thank you! When you walk through the doors of that new hospital, you will realize that your caring made the difference.

The new hospital is a critical piece of a larger component: continuing to build the best healthcare community that Lake Chelan has to offer. That includes a larger focus on community wellness efforts – for both the hospital and our foundation.

With that in mind, we changed our name from the Lake Chelan Community Hospital Foundation to the Lake Chelan Health & Wellness Foundation. With this change, our mission became clear: Our community-based mission is to (1) promote healthcare services and wellness initiatives, and (2) develop partnerships and secure resources. Our 10-year vision is that all community members have access to quality healthcare, and wellness opportunities.

Those opportunities included our ongoing financial support of Max, the hospital's wellness program for K-5 and the Get Fit Health Challenge, and many community partnerships and activities that you'll read about in this annual report.

The commitment to our “number one” customer, the Lake Chelan Community Hospital & Clinics, has shifted into high gear as we fundraise for the new facility. By year-end, the Annual Giving Campaign raised over \$41K, many thanks to all of you. We have also engaged a professional fundraising group, Westby & Associates, Inc., to assist us as we look to you, our community, to give us feedback, comments, and advice on how to proceed.

It has been an exciting and productive year, and the best is yet to come. The Board Members and Staff of the Lake Chelan Health & Wellness Foundation are proud to partner with you and our hospital as we work together to build the best healthcare community that Lake Chelan has to offer.

Onward!

Arlene Abbott, M. Ed.
LCHWF Executive Director

Who we are:

Lake Chelan Health & Wellness Foundation

Vision

Our 10-year vision is that all community members have access to quality healthcare and wellness opportunities.

Mission

Lake Chelan Health & Wellness Foundation's community-based mission is to:

- Promote healthcare services & wellness initiatives
- Develop partnerships & secure resources
 - across the Lake Chelan Valley.

We Value



Community

Caregivers ♦ Donors ♦ Partnerships ♦ Philanthropy ♦ Staff ♦ Supporters ♦ Volunteers



Education

Healthcare Scholarships ♦ Continuing Education ♦ Name Recognition



Integrity

Economic, racial & social diversity ♦ Ethics ♦ Fiduciary Responsibility



Healthcare & Wellness

Access ♦ Awareness ♦ Communication ♦ Leadership

Goals

The LCHWF Board of Directors identified these primary goals:

- Partner with Lake Chelan Community Hospital and Clinics (LCCHC) to achieve common goals
- Build / Maintain strong donor partnerships
- Build on and enhance LCCHC and LCHWF image

2017 Board of Directors



Dale Hoisington
President



Tom Anglin
President-Elect



Eddi Brownfield-Nelson
Treasurer



Linda Parker
Secretary



Emmit Aston
Director



Karen Collins
Director



Jan Fedor
Director



Aurora Flores
Director



Gail Mueller
Director



Judy Steele
Director



Micheal Steele
Director

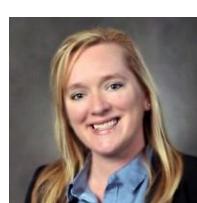
Foundation Staff



Arlene Abbott M. Ed.
Executive Director



Virginia Murphy
Administrative Assistant



Kim Reeves
Executive Assistant

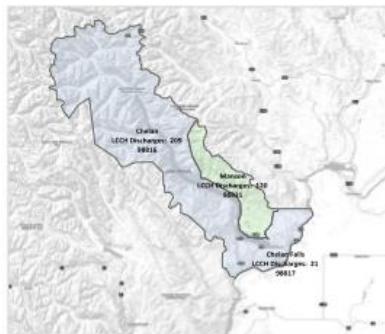
Who we serve: Community Needs

LCCHC District Population by Ages

Data shows an increase of 57% in people age 65-74 and 41% increase in those ages 84 and older from 2000 to 2015. Hispanic population increased by 43%.

*<http://www.lakechelan.com/content/uploads/2014/02/Chelan-County-Visitor-Research-Final-Results.pdf>

	2000 District	2010 District	2015 District	'0 to '15 Change District
Total	9,520	10,261	10,652	12%
0-17	2,687	2,569	2,661	-1%
18-44	3,098	2,920	3,123	1%
45-64	2,321	3,111	2,927	26%
65-74	745	949	1,173	57%
75-84	490	472	516	5%
85+	179	240	252	41%
Fem. 15-44	1,773	1,653	1,706	-4%
Hispanic	2,591	3,417	3,713	43%



Identification and Prioritization of Community Health Needs

The data collection process resulted in the identification of 16 potential health needs of the community. These 16 potential needs were selected because of their meeting one or more of the following criteria:

- The issue affects the greatest number of residents in the region, either directly or indirectly.
- The condition or outcome is unambiguously below its desired state, by comparison to a benchmark or its own trend.
- There is a large disparity between racial or geographically different population groups.
- The issue is predictive of other poor health outcomes.
- The issue appears to impact several aspects of community life.
- There is some opportunity to change the issue or condition by stakeholders at the regional level.

The 16 potential needs included:

Transportation	Access to mental health care
Education	Access to care
Access to healthy food	Pre-conceptual and Perinatal health
Homelessness	Obesity
Affordable housing	Diabetes
Drug/Alcohol abuse	Cancer
Accidents/Homicide	Lung Disease
Suicide	Sexually Transmitted Infections

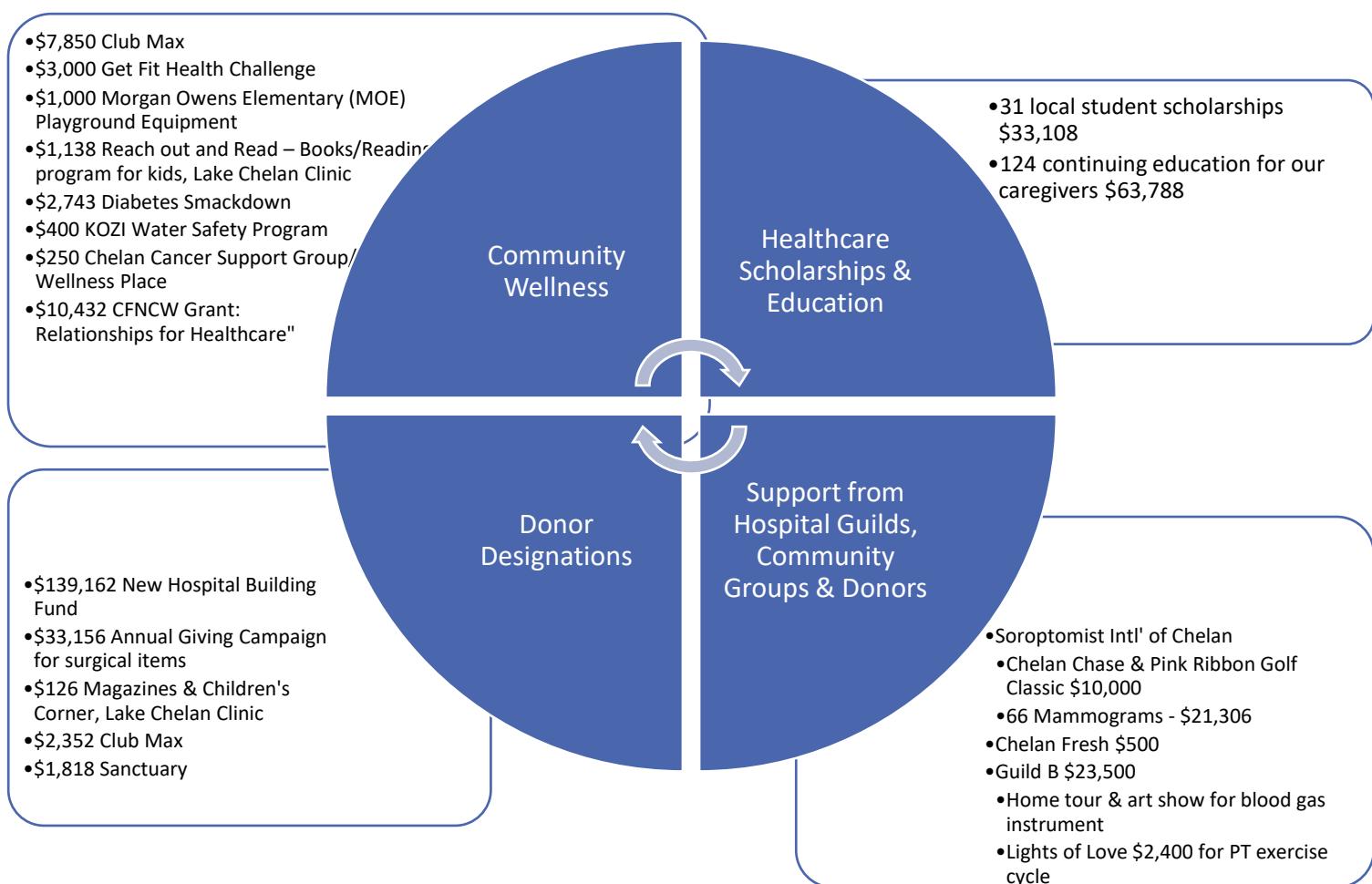
*source – 2016 Lake Chelan Hospital & Clinics Community Health Needs Assessment

Impact

The Lake Chelan Health & Wellness Foundation is dedicated to providing access to and improving healthcare facilities and services, and community wellness, in our hospital district. The Foundation actively manages donor contributions, bequests, memorials, donor advised funds, endowments and an annual giving campaign. Because of generous donors we are able to continue our work to provide and improve healthcare and community wellness for the Lake Chelan Valley.

2017 LCHWF KEY IMPACTS

FOUNDATION ACHIEVEMENTS - \$296,903 toward:



Impact Story 1

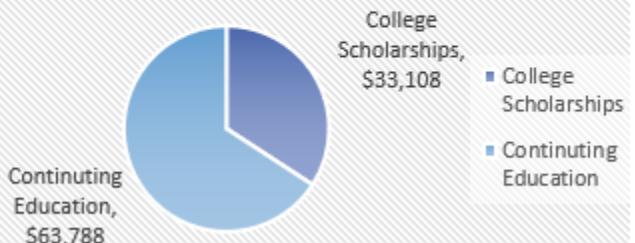
Education

In 2017 LCHWF supported 155 total students and caregivers by providing \$96,896 in scholarships.

We provided 31 local student scholarships totaling \$33,108 to support their studies within the health care field. In addition, over 124 continuing education requests from our health care professionals were supported totaling \$63,788.

Congratulations to all scholarship and continuing education recipients.

2017 LCHWF Education Portfolio



**Chelan and Manson
2017 Scholarship Recipients**



**A few of our 2017
Continuing Education
Recipients**



Impact Story 2

Harvesting Relationships for Healthcare

Focus: Lake Chelan Health & Wellness Foundation sought to recognize the social, cultural, and economic contributions of the Latino community to our Lake Chelan Valley, through collaborations that offered a variety of fun and healthy opportunities.

Situation: There was a need expressed by Latino parents and healthcare providers alike for health education and information presented in ways that were accessible and comfortable to Latino families.

Challenge: Rather than identify a single focus, or one activity, or one partnership, we instead collaborated with many groups to provide fun, healthy, and educational activities that increased awareness about both health care and our Latino community. All members of the valley were invited to come together. A unifying aspect of these activities was the display of framed (and website) photographs of orchard and vineyards workers during the winter, spring and harvest seasons, as well as Latino business owners during the summer season. These pictures, "worth a thousand words," can still be seen at some venues and online at www.LCHealthWellness.com/wellness.

Key Activities:

- Collaborated with Columbia Valley Community Health, Lake Chelan Community Hospital & Clinics, Chelan and Manson Schools, Lake Chelan Rotary, Todos United, Thrive Chelan Valley, and Colville Tribes.
- Activities included health fairs, health fitness challenges, Zumba sessions, health education for parents, art diversity contest, kids' fun runs, parenting role model conferences, nutrition sessions, participation in the First Annual Cinco de Mayo parade, and a celebration that included the Mariachi Huenachi performers and food catered by Tacos La Roca.
- Invited orchard/vineyard owners and employees, Chelan Fruit, Manson Growers, and Latino business owners to be photographed for a visual display of Latino life and accomplishments in our Valley.



Capital Campaign

Support the New Hospital

As you may already be aware of, **our community needs a new hospital building to better serve the region.** The current building is inadequate with inefficient infrastructure systems. In-depth financial analysis studies showed that remodeling would cost more than building a new structure.

In 2017 Hospital district residents voted to approve a \$20 million bond to build a new hospital. **With 45% of the need already funded and another 51% anticipated with pending approval of our \$22.5 million USDA loan.** The LCHWF is committed to raising the remainder of support for this modern facility that will serve the Lake Chelan Valley for generations to come. Our new hospital building will have: private patient rooms, larger birthing rooms, increased outpatient capacity and a bigger emergency room. It will also have space for rehabilitative therapy, laboratory and radiology, an expanded surgery department, and a helicopter pad for emergency transfers, which makes the magnitude of the project, as well as its impact, significant.

Our annual campaign centered on kick-starting the remaining funding needed for our new hospital! The community truly stepped up with over **\$41K in contributions!**

These generous gifts were not merely to “build a building”, but to build the best healthcare community that Lake Chelan has to offer. Collectively, your support will make THE difference to this generation and future generations to come!



*Supporters for a new hospital outline the footprint
of the new building with a human chain.*

Resources & Financial Management

Our asset portfolio approach employs a balanced portfolio of equity and fixed income investments. In 2017 the stock market and our underlying investments performed extremely well. The balances below reflect a 20%+ gain in our endowment and education funds. Due to the higher than average performance we were able to spend more money on programs and scholarships than we ever have before. We look to the future for our investments to continue to grow but we realize that the returns will vary on a year by year basis.

Assets

2017 Year End Statement Balances

Bragg Scholarship and Education Fund (restricted)	\$ 1,911,346.00
Endowment Fund	\$ 858,170.37
Checking/Savings Accounts	\$ 89,688.92
New Hospital Building Fund	<u>\$ 139,762.00</u>
Total YE Asset Value	\$2,998,967.29

The Bragg Scholarship & Continuing Education Fund

A single gift that has positively changed countless lives in the Lake Chelan Valley.

In 1995, Edna Bragg endowed more than a million dollars to the Lake Chelan Community Hospital Foundation to be used in perpetuity for healthcare education. More than \$1.4 million to date has been distributed from the Harold & Edna Bragg Healthcare Fund from the interest earned on this asset. Scholarships are provided each year for college students and professional healthcare providers residing or working in the hospital district.

Scholarships vary in amount, depending on criteria such as full or part-time status and the number of years a student has studied in a health care major field. In addition, health care professionals may apply for continuing education available throughout the year. A scholarship committee made up of members of the Foundation Board of Directors considers applicants.

LCHWF Endowment Fund

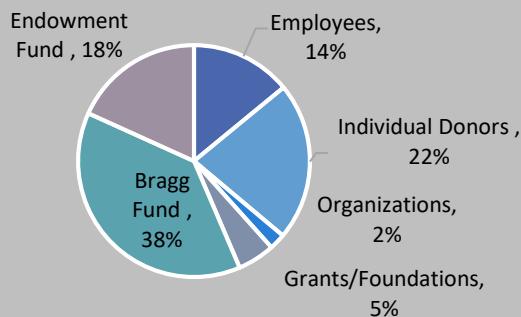
In 2002 an Endowment Fund was established by the Foundation for future capital improvements of the Lake Chelan Community Hospital. Initially, the funds were provided by a generous donation of two townhomes in the area by the Gravette family. In 2003, a bequest of \$85,000 cash was added from the Lyla Milroy Estate. Property sales in 2006 added another \$45,000 and in 2007 a bequest of \$137,000 was added from the Wally and Martha Jane Miller estate. Another \$20,000 was added in 2008 from the Celia Pierson estate.

The goal is to accumulate a million dollars so that the earnings can be used for major needs of the hospital. The total given to the Foundation is \$425,521. Over the years, the fund has grown with the stock market and provided a source of funding for programs, operating revenue and hospital improvements. In 2017 the Foundation kicked off the New Hospital Campaign with a donation of \$100,000 from this fund as well.

Donor Summary



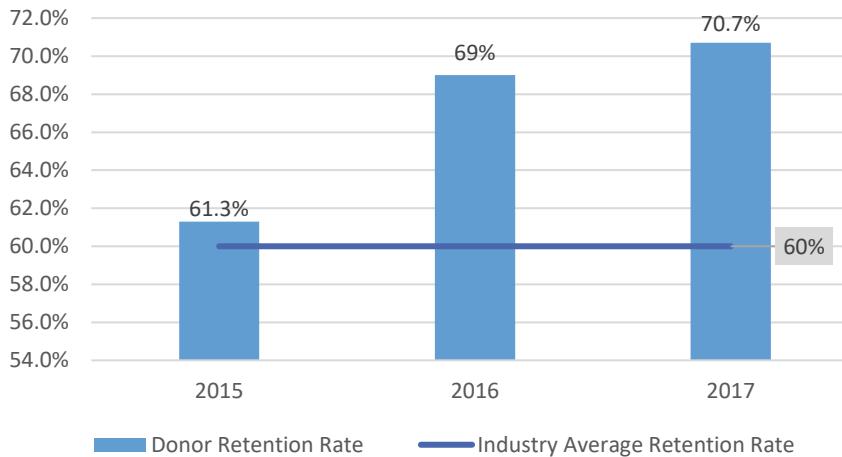
228
Supporters



Sources of Funding

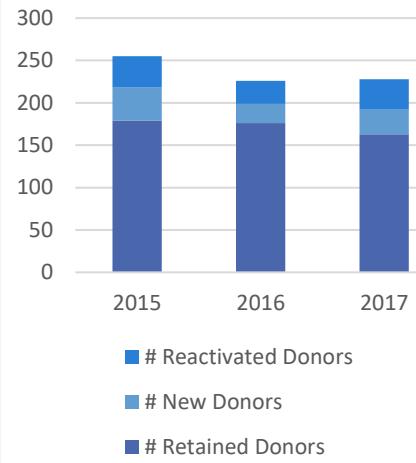


LCHWF Donor Retention Rate



*Industry average from the 2015 Individual Donor Benchmark Report, Third Space Studios

Donor Type



	2015	2016	2017	Variance 2016 to 2017
All Supporters	255	226	228	↑ + .9% increase
Donor Retention Rate	61.3%	69%	70.7%	↑ +1.7% increase
# Retained Donors	179	176	163	↓ -7.4% decrease
# New Donors	39	23	29	↑ +26.1% increase
# Reactivated Donors	37	27	36	↑ +33.3% increase
Attrition Rate	38.7%	31%	29.3%	↓ -1.7% decrease
# Donors lost from last year	113	79	68	↓ -13.9% decrease

DONOR RETENTION:

Refers to the number (or percentage) of donors that return to give another gift in a specific time period, usually year over year.



DONOR ATTRITION:

Refers to the number (or percentage) of donors that do NOT return to give another gift in a specific time period, usually year over year.

THANKS FOR YOUR 2017 SUPPORT!

Arlene Abbott
 Kevin Abel
 John Angelini
 Tom Anglin
 John Arnold
 Emmitt Aston
 Miranda Avery
 Yesenia Avila
 Raynor Baker
 Debbie Banks
 DeLynn Barnett
 Tom & Linda Batch
 Pat Batdorf
 Dane Becker
 Robert Beeson
 Nat & Gail Bender
 Agustin Benegas
 Lisa Berdan
 William Bishop
 Victoria Bodle
 Penelope Booth
 Tabetha Bradley
 Brenda Brodigan
 John Browne
 Edythe Brownfield-Nelson
 Alissa Camden Diehl
 Dan Campbell, Sr.
 Vicki Carr
 Kathy Carr
 Elizabeth Chance
 Kendra Colin
 Michael Collins
 Karen Collins
 Paul Cossette
 Joy Cox
 Mary Davis
 Eloise Denny
 Heidi Desimone
 David Dickes
 Beth Dietrich
 Scott Dietrich
 Jerri Dion
 Patricia Doede
 Carmela Dorr
 Breianne Dowell
 Sidney Driessen
 Whitney Dublin
 Evans
 Stephen Easley
 Ray Eickmeyer
 Delena Eisenhard
 Mike Elavsky
 Amy Ellingson
 David Ellis
 Jeff England
 Rosie & Larry Epstein
 Dennis Evans
 Lori Everett
 Jan Fedor
 Elizabeth Felker
 Susie Fenton
 Susan Fisher
 Aaron Folsom
 Jessica Frost
 James "Buck" Frymier
 Keri Gallagher
 Kim Galmukoff
 Robert Gervais
 Gerald Gibbons
 Marjorie Giesbrecht
 Phyllis Gleasman
 Don & Carol Gray
 Ronald Griffin
 Megan Guffey
 Mariellen Gunn
 Brad Hankins
 Sally Harper
 Jeanette Harris
 Larry Hazelton
 Tara Hensley
 Jennifer Hernandez
 Kathy Hevly
 Dale Hoisington
 Linda Hollier
 Edward Holst
 Carolyn Hood
 Kerry Housden
 Susan House
 Brian Huny
 Ross Hurd
 Jerry Isenhart
 Charles James
 Jane Jedwabny
 Jack Johansen
 Mistaya Johnston
 Regina Johnston
 Jacob Johnston
 Cathy Jones
 Robbin Kamphaus
 Nyla Kamphaus
 Dana Keller
 Richard Kettering
 Ruth Keys
 Debbie Knowlton
 Shannon Kollmeyer
 Sheri Krupla
 Patricia La Porte
 Lake Chelan
 Snowmobile Club
 Pablo Lambinicio
 Bernie Langton,
 James Larsen
 Keri Lasater
 John Laughlin
 Diane Leigh
 Matthew LePage
 Barbara LePage
 Nedily Leppahan
 Cherie Lewman
 Dallas Lewman
 Carol Lippincott
 Linda Long
 Patricia Looker
 Ana Luna
 Trent Lyman
 Karen Lytle
 Kristin Maas
 Myra Macias
 Phyllis & Walter
 Malzahn Charitable Trust
 Donald Maples
 Sue & Al Marcear
 Tawny Marsh
 Marson & Marson
 Lumber
 Linda Martinson
 Mattaini Family
 Foundation
 Karen Mattocks
 Linda Mayer
 Grace McClellan
 Susan McKinnon
 Juan Mendoza
 Susan Mendoza
 Annie Miller
 Marshall Miller
 Ali & Lisa Moayeri
 Kenneth Moon
 David Moore
 Marlena Morningstar
 Rod Mortensen
 John & Sue Mounsey
 Gail Mueller
 Virginia Murphy
 Christy Nielsen
 Vernita Nolan
 Wanda Nutley
 Carrie Nuxoll
 Paul Olsen
 Stephen Palmbush
 Marie Palmer
 James Parker
 Linda Parker
 Portia Pauli
 Roger Perrin
 Kenneth Peters
 Patricia Phippen
 Judith Platt
 Tom & Kristin Rainville
 James Ramella
 Edward Rauvola
 Wendy Redman
 Sue Young
 Kim Reeves
 Linda Renn
 Katie Reynerson
 Malissa Reynolds
 Valerie Rife
 Connie Robertson
 Ruth Rogers
 Judy Rowett
 Jacqueline Runyard
 Jannel Rynd Mikkelsen
 Danielle Sanford
 Joshua Schkrohowsky
 Peggy Schmitz
 William Schuldt
 Linda Shallenberger
 Dolores Sharp
 Christiane Sherman
 Mary Signorelli
 Richard Simonds
 Slidewaters
 Joyce Snyder
 John Solin
 Loretta Sparks
 Karen Spurgeon
 Charlie & Marcia Stansell
 Micheal Steele
 Judy Steele
 John Steine
 Donna Strand
 Joseph & Dyann Strecker
 Jodi Sweeney
 James Szymanski
 Mary Ann Talley
 Roger & Kathy Teigen
 Celeste Thomas
 Joseph Thompson
 Gary Thompson
 Lee Tinsley
 Sharon Tucker
 Sara Tupling
 George Van Over
 Carol Velasquez
 Craig Vivian
 Anna Vlasova
 Tom & Mary Ann Warren
 CJ Waszkewitz
 Patricia Waters
 Philip Webster
 David Weldy
 Charity Whaley
 Ginny Wheeler
 Ben Wilson
 Sandra Wilson
 Diane Witsil
 Kathleen Witt
 Ty Witt
 Phyllis Yorks
 Sue Young
 David Zuluaga

Linda Renn
 Katie Reynerson
 Malissa Reynolds
 Valerie Rife
 Connie Robertson
 Ruth Rogers
 Judy Rowett
 Jacqueline Runyard
 Jannel Rynd Mikkelsen
 Danielle Sanford
 Joshua Schkrohowsky
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 Charity Whaley
 Ginny Wheeler
 Ben Wilson
 Sandra Wilson
 Diane Witsil
 Kathleen Witt
 Ty Witt
 Phyllis Yorks
 Sue Young
 David Zuluaga



Nat and Gail Bender

have invested in our valley's healthcare community. Their gift is not merely to "build a building", but to build the best healthcare community that Lake Chelan has to offer. For the next 5 years, and 50 years. For the next generation, and their next generation.



I donate to the Lake Chelan Health & Wellness Foundation because it supports the hospital where I work: the personnel, the equipment, and patient care. I believe it's important to stay connected and to give back to my community and my employer. Staying connected and giving back isn't about the amount of money; it's about knowing that I can make a difference.

-Kathy Hevly, Clinical Director & Nurse Practitioner
The Sanctuary
Lake Chelan Community Hospital & Clinics

2017

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Connect With Us!



(509) 682-6133 | <https://www.lchealthwellness.com/>

foundation@lchealthwellness.com